[Understanding and Addressing Vicarious Trauma](#)
- Online training module (written/reading) covering vicarious trauma: risk factors, signs and symptoms, how to address vicarious trauma, protecting against vicarious trauma at work and outside work, and considerations for organizations
- Includes a list of additional resources and references available in various formats
- Developed by Headington Institute with a focus on humanitarian workers, but information is applicable to many contexts including MH/SUD outreach

Ohio Opioid Curriculum: [Vicarious Trauma for First Responders](#) and [Vicarious Trauma for Peer Support Workers](#)
- Online training modules (video) developed by healthcare professionals about vicarious trauma for first responders or peer support workers
- Covers how to identify vicarious trauma and its the personal impacts, build resilience, and develop practical strategies for responding to trauma

[The Vicarious Trauma Toolkit](#)
- DOJ OVC resource focused on organizational approaches to addressing vicarious trauma
- Covers common reactions to vicarious trauma as well as tips for supervisors, coworkers, and family members of people experiencing vicarious trauma
- Links to a variety of additional resources
- Includes a number of tools:
  - [Blueprint for a Vicarious Trauma-Informed Organization](#): a step-by-step guide, informed by research and field experience, for organizations to integrate an understanding of vicarious trauma into their operations
  - [Vicarious Trauma—Organizational Readiness Guide](#): a framework for organizations that take on the responsibility to recognize and address the needs of staff across numerous domains of organizational health
  - [Compendium of Resources](#)
  - Specific tools for victim services, fire services, EMS, and law enforcement

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